

Leg Bags. Lever & T-tap. 500ml Instructions for use



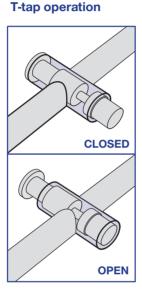
Leg Bags. Lever & T-tap. 500ml

How to connect a sterile leg bag to an indwelling catheter or sheath

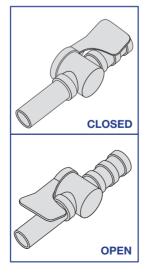
CliniSure[®] sterile leg bags are for the storage and drainage of urine during the day and can be connected directly to a catheter or sheath. CliniSure leg bags can also be connected to a night bag for overnight drainage. The CliniSure leg bags come in both short and long tube lengths dependent on leg bag positioning and offer a choice of lever or T-tap.

1. Wash and dry hands thoroughly.

- 2. Remove the CliniSure leg bag from its packaging.
- **3.** Fill in the *Date Fitted* box that is on the leg bag. This will allow you to monitor how long the leg bag has been in use. Remember to change your leg bag every 5-7 days.
- 4. Ensure the outlet tap is in the closed position.
- **5.** Remove the pale blue protective cap from the leg bag ridged inlet connector and avoid touching the connector.
- 6. Detach the used leg bag.
- **7.** Fully insert the ridged inlet connector into the indwelling catheter or sheath, for a secure fit, taking care not to twist.
- 8. Secure the leg bag to the thigh or calf dependent on the tubing length by feeding the leg bag straps through the leg bag eyelets. Ensure the straps are not fitted too tightly.
- **9.** Place the connector cap onto the used leg bag ridged connector to avoid urine leakage. Make sure the inlet tubing is not kinked as this can restrict urine flow.



Lever tap operation



How to connect a sterile leg bag to a night bag for additional drainage overnight

- 1. Wash and dry hands thoroughly.
- **2.** Remove the CliniSure night bag from its packaging.
- 3. Ensure the leg bag outlet tap is in the closed position.
- 4. Do not disconnect the leg bag from your indwelling catheter or sheath.
- **5.** Insert the ridged connector of the night bag fully into the bottom tube of the leg bag for a secure connection.
- **6.** Once connected, move the leg bag tap to the open position to allow overnight drainage into the night bag.
- **7.** Before disconnecting the night bag in the morning, ensure the leg bag tap is switched to the closed position.

How to empty a sterile leg bag

- **1.** Wash and dry hands thoroughly.
- 2. Hold the outlet tap over a toilet or suitable receptacle for urine drainage.
- **3.** Open the outlet tap to allow the urine to flow from the leg bag.
- **4.** Once emptied, fully close the outlet tap.
- **5.** Dry the end of the outlet tap with a clean wipe or toilet tissue to remove any residual urine.
- 6. Wash and dry hands thoroughly.

Important information: Connect to an indwelling urinary catheter or external continence management system. Change the leg bag every 5-7 days. Do not reuse the leg bag after disconnecting directly from a catheter due to increased infection risk and instead replace the leg bag. Do not use the leg bag if the packaging is damaged. Ensure the Date Fitted box is filled in to monitor how long the leg bag has been in use. Ensure the leg bag regularly ensuring it does not overfill. Ensure the leg bag is supported by leg bag straps or a sleeve and is not pulling on the leg bag.

To dispose: Empty urine from the used leg bag into the toilet or suitable receptacle and dispose of the used leg bag according to local guidelines. Do not flush the bag. Wash and dry hands thoroughly before and after touching drainage bags.

Further Information



How to secure a leg bag using CliniSure leg bag straps

CliniSure leg bag straps secure the CliniSure leg bag comfortably to the leg.

- 1. Ensure the silicone lines on the leg bag straps are facing your skin.
- 2. Feed one leg bag strap through the eyelets at the top of your leg bag.
- 3. Feed the second leg bag strap through the eyelets at the bottom of your leg bag.
- **4.** Wrap the straps around your thigh or calf dependent on your leg bag positioning.
- 5. Secure the straps using the Velcro tabs.

Ensure the leg bag straps are not too tight, preventing circulation in the leg. You can cut the straps if a shorter length is desired. Ensure you cut the non-Velcro end of the leg bag straps so you are still able to secure the straps to your leg. Leg bag straps should not be worn overnight.

Product Code	Description	Quantity
CSL500ST	CliniSure sterile leg bag with lever tap, 500ml short tube with overnight connector, 1 pair of elasticated leg straps	10
CSL500LT	CliniSure sterile leg bag with lever tap, 500ml long tube with overnight connector, 1 pair of elasticated leg straps	10
CST500ST	CliniSure sterile leg bag with T-tap, 500ml short tube with overnight connector, 1 pair of elasticated leg straps	10
CST500LT	CliniSure sterile leg bag with T-tap, 500ml long tube with overnight connector, 1 pair of elasticated leg straps	10
CS5S	CliniSure leg bag straps, elasticated, washable, silicone grip backing	10

Using CliniSure?

SecuriCare

For free home delivery of your prescription continence supplies please contact SecuriCare[®].

Call 0800 585 125 Extended opening hours Mon - Fri, 7.45am - 9pm Visit www.securicaremedical.co.uk

For further product information please contact CliniMed[®] Careline: 0800 036 0100 Email: info@clinimed.co.uk Web:www.clinimed.co.uk



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